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Porn Nation: Conquering America's #1 Addiction



Synopsis

Pornography and sex-related sites make up nearly 60 percent of daily web traffic. For some of us, it's going on in our very own basements or in the den after the family goes to bed. Over twenty million Americans spend a good deal of their waking hours looking at pornography. And they won't stop, because they can't stop. At least not on their own. They are addicted. Porn Nation captivates readers with the true story of Michael Leahy, a sex addict who only came to terms with his problem after losing his marriage and children. But it's also the story of the rest of us. It's the story of America, our porn nation. How is it affecting us? How is it changing the way we see ourselves and others? And what can be done about it?

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Customer Reviews

“The growing prevalence of sexual images, innuendo and objectification is a constant threat to my sexual sobriety. Song lyrics, music videos, reality TV shows, sitcoms, commercials, print ads, even the covers of magazines at my local supermarket checkout stand dot the landscape of my life like land mines waiting to explode underneath my feet should I choose to ponder them for too long. But even as I talk with today’s youth and college students, the real target of this growing industry with an insatiable appetite for profits, this unprecedented level of saturation comes as no surprise to them. The most common response I get when asking them if they’re aware of their juxtaposition to all of the titillating content around them: “Sure, we know, we’re soaking in it!” • When asked how it’s affecting them, most can only shrug their shoulders. Like the proverbial frog

enjoying a swim in the boiling pot sitting on a stove, all we really know is itâ€™s a good bit warmer in here than it used to be.â€”Michael Leahy

Welcome to Porn Nation. Itâ€™s a \$100B a year industry worldwide. Even bigger when you consider the fact that porn is now the norm in our mainstream media. But have you ever stopped to think about why, when it comes to porn, we just canâ€™t seem to get enough? And are we certain this â€œcheap form of harmless entertainmentâ€• isnâ€™t changing the way we see ourselves and act towards others in relationships? What you feed grows, and what you starve dies. Enter Michael Leahy, a guy who spent over 30 years as a recreational user of pornography. That is until he discovered what many experts refer to as â€œthe crack cocaine of sexual addictionâ€•â€”Internet porn. What happened next would change everything, not just for Michael and his family but for all of us living in this Porn Nation. For more information about Porn Nation the book, Porn Nation speaking events, or more helpful resources visit: www.PornNationtheBook.com

The book did a good job from the 1st person's point of view of articulating his sexual and pornography addiction. Good chapter that shows his ex-wife's perspective - by publishing her own words. This is a problem that is only increasing in the world, owing much to increased technology. Quite readable and keeps your attention the whole time. As someone who is addicted to pornography, this book helped give me perspective while keeping an intelligent level-head.

I rated this book highly because this book points out the destructive nature on porn. I believe that many of the marital problems in this country are related to pornography. Young men have an unrealistic objectified view of women. The title of the book raises eyebrows but the book is well worth the read. The pervasive incidious nature of porn in our society is not always appreciated. The harm caused by porn is not always obvious.

I need ask you only one question, Do You Want to Get Well? Leahy says, "In every person's life there are defining moments, times when the entire course and direction of a person's life can change instantly. These are critical junctures, forks in the road where one's destiny lies in a solitary decision"(Leahy, Michael). Join the fight against America's #1 addiction porn and we can overcome this evil!!!

If you want to make a difference in your way of life, be sure to purchase a book on how america is

pushing sex on the population. It is not much of a struggle to stop watching porn if you manage to keep yourself busy and stay away from down time. Free time is the Devils time to work on you.

It seems more like a biography than actual solutions for people w/ sex addiction, whether it be masturbation, fornication,...The book smells like coffee beans lol. Even though i bought mine New.

Michael Leahy starts his book off with his own personal addictive issues to sex and pornography that he had, beginning with the root of when he first encountered pornography and masturbation up through his internet pornography obsession and eventual affair. He mentions that he had a constant need to feed his addiction; keeping it a secret from everyone and fooling everyone. It was really well told and interesting to learn of his perspective of the person he used to be. There is a chapter of the book where he included journal entries from his wife during the time that he became slightly more open with his problems. It was really amazing to read what their children experienced and how she felt throughout that time. It was definitely difficult on her, and sadly ended in a divorce. He ends the first half of this book about how he was able to escape his 30 year addiction through Jesus' help, after deciding he would end his life - but instead decided to start a new life right as he was preparing to end it. He explains the law of increase/decrease "What you feed grows, and what you starve dies

Advice from the soul on sex addiction, very clearly and poignantly written and a must for anyone addressing sex addiction in their own lives. Author courageously shares own experience in a compelling manner.

As the wife of a recovering Sex Addict I found this to be one of the most recent books (it includes more recent data than many others) about the emerging problem with internet pornography use and it's link to sex addiction... An incredibly fast read (I read it in a day) it kept my interest and offered some interesting facts. It was more entertaining than anything though. After reading many books on this subject in the past few weeks I recommend "Don't Call it Love" by Patrick Carnes for a more in depth look into the problem of sex addiction and how to overcome it.

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RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits) Porn Nation: Conquering America's #1 Addiction Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) Sex Addiction Cure: How To Overcome Porn Addiction and Sexual Compulsion Gambling:Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction,Gambling,Compulsive Gambling,Roulette,Gambling Systems) Opiate Addiction - How to detox from Opiates (How to Get Off Opiates): SHORT READS - Signs of opiate addiction, Symptoms of opiate use, Signs of opiate ... prescription drugs abuse, heroin addiction) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) The Porn Antidote: Attachment: God's secret weapon for crushing porn's grip, and creating the life and marriage you dream of. Never Relapse Into Watching Porn Again: A Deep Inner Game Guide To Building Your Inner Strength and Reaching The 90-Days Porn Free Streak Gay Porn Heroes: 100 Most Famous Porn Stars (English and German Edition) Conquering Anorexia (Conquering Eating Disorders) Recover to Live: Kick Any Habit, Manage Any Addiction: Your Self-Treatment Guide to Alcohol, Drugs, Eating Disorders, Gambling, Hoarding, Smoking, Sex and Porn Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction Cutting It Off: Breaking Porn Addiction and How To Quit For Good

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